# Minnesota State University Moorhead

# **PSY 403: Adulthood and Aging**

## A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3 Lab Hours/Week: 0 OJT Hours/Week: \*.\*

Prerequisites:

This course requires the following prerequisite

PSY 113 - General Psychology

Corequisites: None MnTC Goals: None

Discussion of some of the major theoretical approaches and current issues in human development from young adulthood through old age and death.

# B. COURSE EFFECTIVE DATES: 06/01/1995 - Present

#### C. OUTLINE OF MAJOR CONTENT AREAS

### **D. LEARNING OUTCOMES (General)**

- 1. Develop critical thinking skills to assist in being a consumer of psychological research.
- 2. Gain understanding of stages of development in adulthood.
- 3. Gain understanding of the aging process.
- 4. Gain understanding of the influences of cognitive, biological and social factors on individuals as they age and approach death.

# E. Minnesota Transfer Curriculum Goal Area(s) and Competencies

None

## F. LEARNER OUTCOMES ASSESSMENT

As noted on course syllabus

### G. SPECIAL INFORMATION

None noted

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