

# Minnesota State University Moorhead

## EXS 310: Sport and Play in the United States

### A. COURSE DESCRIPTION

Credits: 3

Lecture Hours/Week: 3

Lab Hours/Week: 0

OJT Hours/Week: \*.\*

Prerequisites:

ENGL 101 - English Composition I

Corequisites: None

MnTC Goals: None

This course is an investigation of sport and play in American society. It involves the application of concepts from various disciplines to sport and play and the development of an understanding of the functions that sport and play serve in the United States.

**B. COURSE EFFECTIVE DATES:** 02/03/2022 - Present

### C. OUTLINE OF MAJOR CONTENT AREAS

1. Sports and the future
2. Sociological terms and concepts related to sport and sport literature
3. Sociology of sport and the purpose of studying it
4. Social theories related to sports
5. Differentiate between sports and play
6. Socialization and the athlete
7. Pros and cons of sports and children
8. Sport and behavioral deviance
9. Field violence and aggression of athletes
10. Relationship between sports and social class, politics, education, gender, the media, economics, religion and race
11. Sports at high school and college levels
12. Sport as preparation for life
13. Origin and history of sport
14. Function of sports in US

**D. LEARNING OUTCOMES (General)**

1. Students will compare several sociological theories of the relationship between sport and society.
2. Students will compare the sociodynamics of individual versus team sports.
3. Students will define selected sociological terms and concepts.
4. Students will differentiate between sport and play.
5. Students will discuss sport and social deviance.
6. Students will discuss sport as a social institution.
7. Students will discuss the function of play in child development.
8. Students will discuss the function of sport and play in gender role development.
9. Students will discuss the implications of marginalization of athletes.
10. Students will discuss the relationship between academics and athletics in the educational system.
11. Students will discuss the relationship between sports and politics.
12. Students will evaluate the concept of sports as a microcosm.
13. Students will explain and apply to sports a theory of crowd behavior.

**E. Minnesota Transfer Curriculum Goal Area(s) and Competencies**

None

**F. LEARNER OUTCOMES ASSESSMENT**

As noted on course syllabus

**G. SPECIAL INFORMATION**

None noted